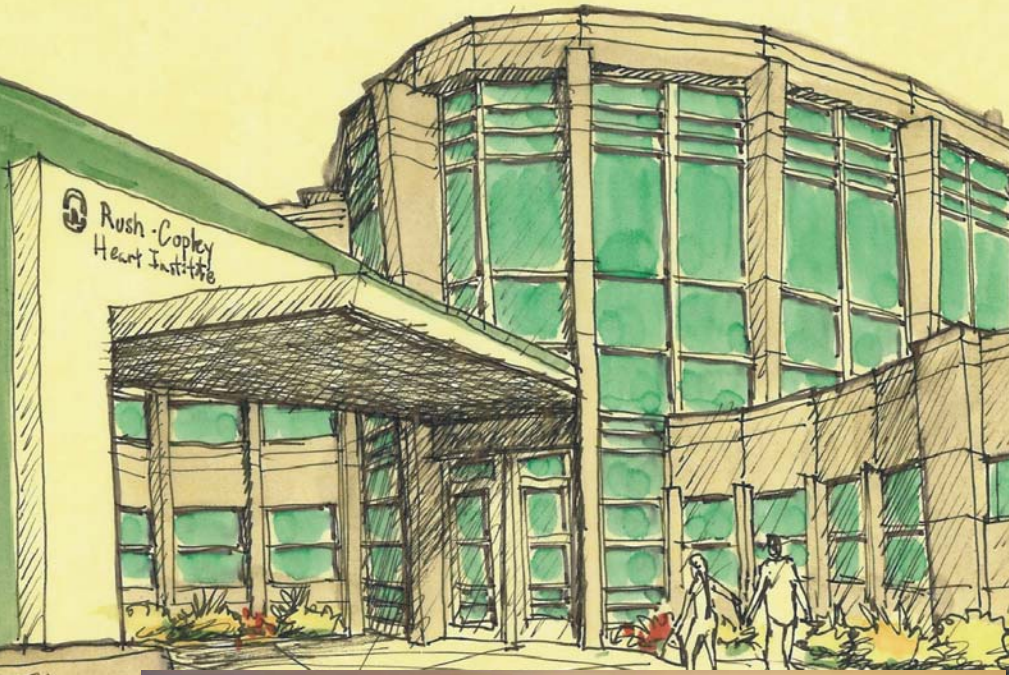


# 7th Annual Women and Heart Disease Symposium

**Santosh Gill, M.D. FACC**

Medical Director, Women's Heart  
Center at Rush-Copley Heart  
Institute

A program of Fox Valley  
Cardiovascular Consultants



# Heart Failure: Gender

- 5 Million Americans (50% are women)
- Differences
  - Hypertension and Valvular disease as underlying etiology
  - Older
  - Preserved LV systolic function
  - Overall better age adjusted survival but not if with systolic dysfunction

# Heart Failure: Gender

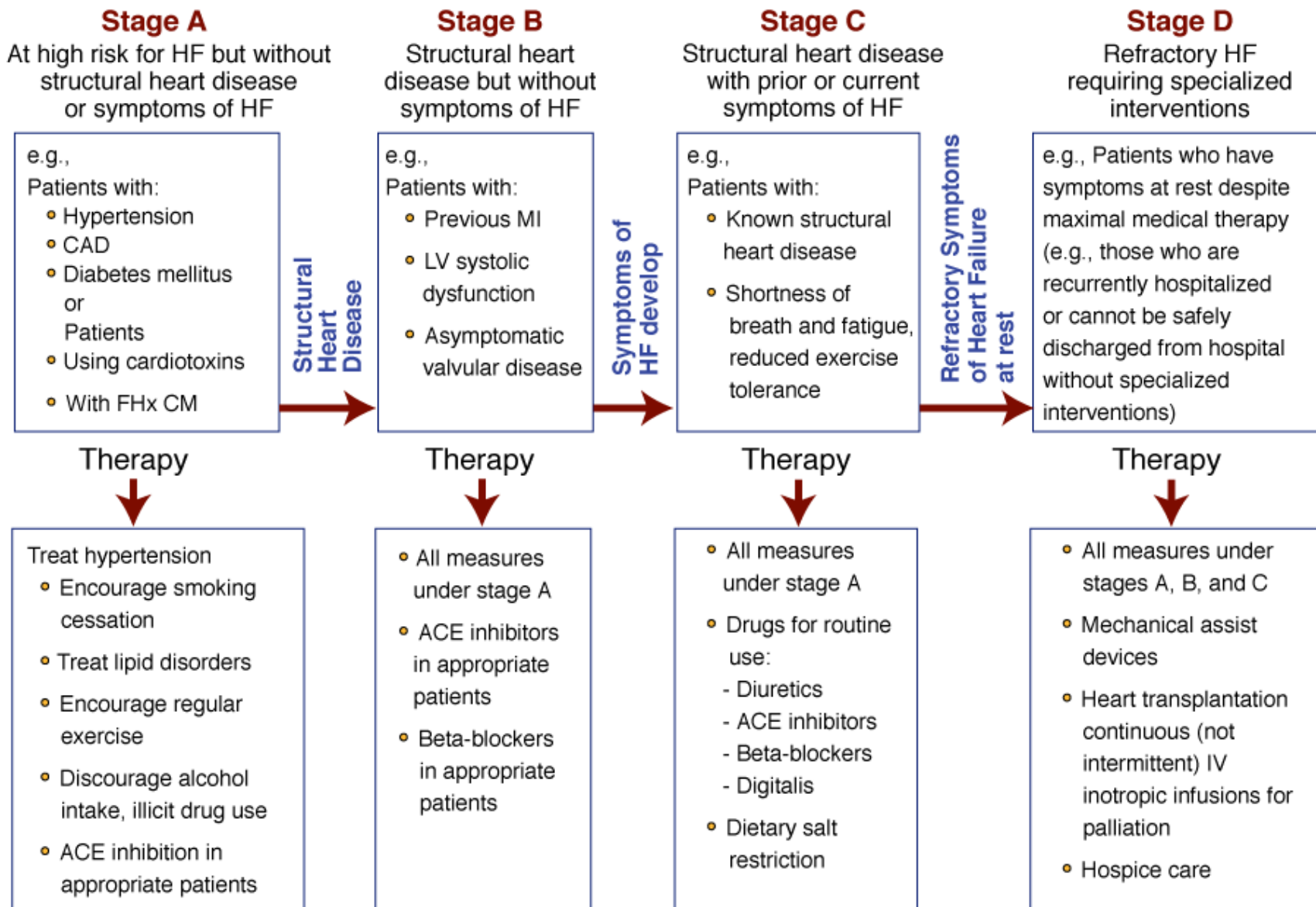
- Guidelines: Not gender specific
- No prospective gender specific trials
- 1986: National Institutes of Health (NIH)
- 1993: NIH Revitalization Act
- 9 Major Multicenter Heart Failure trials since 1999
  - 28% women

# Resources

- 2009 Heart Failure Guidelines Slide set
- Heart Failure in Women STATE-OF-THE-ART PAPER
- 2007 CAD prevention Guidelines

# ACC/AHA Guidelines

## Heart Failure Diagnosis and Management



Thank you  
See You Next Year